

Bike along the Lake Trail.



DISCOVER THE PALM BEACHES

Running along the western edge of Palm Beach for five-and-half miles is the Lake Trail. Rent a bike from [Palm Beach Bicycle Trail Shop](#) and then head up north to where the trail ends just past the [Sailfish Club](#). For a guided bike tour, book with [Island Living Tours](#). Longtime Palm Beach resident Leslie Diver has been offering tours of the island for more than 15 years, and she has the stories to prove it.